MANANG BIDAY
(Philippines)

MANANG BIDAY (MAH-nahng bee-DAY) is a popular love song in the
Ilocos region on the island of Luzon. Its lively melody makes it
a favorite among the younger folks. BIDAY is a girl's name. Ob-
viously, the song is an outpouring of affection by a gentleman ad-
mirer. The simplicity of this dance makes it suitable for children.

Costume: Dancers are dressed in typical Ilocano peasant costume.

Music: Record: VILLAR RECORDS, Philippine Folk Dances, Vol.
XI, Side 1, band 6. 3/4 meter.

Formation: Ptrs stand about 6 ft apart, facing each other. W
stands at R side of ptr when facing audience. Any
number of cpls make take part in this dance.

Steps and   Bleking Step: Touch R heel fwd (cts 1,2); step R
Styling: close to L (ct 3); step alternates.
Native Waltz: Step fwd on R (ct 1); step L near R
(ct 2); step fwd on R (ct 3). Step alternates.
(This is similar to an ordinary Two-step.)
Touch Step: Point R diag fwd (cts 1,2); step R close
to L (ct 3); step alternates.

Hand   Arms in Lateral Position: Arms at one side, either sdwd
Movements: R or L. This may be done at shldr, chest, or waist level.
Kumintang: Moving the hand from the wrist either in CW
or CCW direction.

Meas	Pattern

FIGURE I. (Ptrs face each other.)
1-2   Two Bleking steps (R,L). W holds skirt, M hands on waist.
4-6   Beg. R, two Waltz steps fwd to meet ptr at ctr (two meas),
and two Waltz steps bkwd to orig pos (two meas). Arms in
lateral pos moving sdwd R and L alternately.
7-8   Three-step turn CW in place. Hands as in meas 1-2.
9-16   Repeat action of meas 1-8.

FIGURE II. (Ptrs face front.)
1-2   Beg. R, two Waltz steps fwd. Kumintang R hand, L hand on
waist on the first meas. Reverse pos of hands on second meas.
3-4   Two Touch steps in front (R,L). Hands as in meas 1-2 (Fig. I).
5-6   Repeat action of meas 1-2 (Fig. II), moving bkwd to orig place.
7-8   Repeat action of meas 7-8 (Fig. I).
9-16   Repeat action of meas 1-8 (Fig. II).

Note: The dance may be repeated as many times as desired.

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